

PRINCESS PATTER

A newsletter for Indian Princesses and Big Braves

Spring 2009

Vol 9, Number 3



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WHAT' S HAPPENING AT THE YMCA?

Once again, all Camp-outs for the 2008-2009 Princess and Guide Programs will offer an "Early Bird Special" for those who register 2 or more weeks in advance. Anyone who registers after the "Early Bird" deadline will pay a \$25.00 surcharge. This new price structure will provide the camps with a more accurate number of participants and allow for better planning for food, lodging, activities and supplies. Remember there is no price difference for Friday or Saturday arrivals. If you plan to still arrive on Saturday, please understand it will be the same price as a Friday arrival.

Summer Fliers listing all of our Progressive Swim Lessons, Y-Youth Sports, and Adult Fitness will be at your Princess' school by mid April! We are also taking registrations for our Outdoor Family Swim Centers (South Hills and Cloverleaf YMCA). Please be sure to ask about our new price structure! We offer Unlimited, Limited, and A La Carte memberships! Call the South Hills YMCA at (412) 833-5600 for more details!

Also, thank you to all tribes that got their Tribe E-mail Rosters into the YMCA for our master e-mail lists. I am still missing a few Tribes. If you haven't sent yours in, please do at your earliest convenience!!!

This year has been a wonderful year with the YMCA Princess Program! And there is still many more great times to come! Mark your calendars for all the upcoming events!!! And please be sure to mark your calendars for the Summer Event at our South Hills YMCA Outdoor Pool on July 18!!!

We have already had a great start! Let's keep it going! =)

YINDIAN PRINCESSES™

We build strong kids, strong families, strong communities.

2008-2009 Longhouse Activities Calendar

Upcoming Events for Princesses & Big Braves

March—April	Strong Communities Campaign	South Hills YMCA
April 18	Healthy Kids Day	South Hills Village Mall
April 19	Ice Cream Social	Trax Farms
May	Star Party	Mingo Creek Park Observatory
May 1-3	Spring Campout #1 (MTL/KO-PT-BP)	Deer Valley
May 29-31	Spring Campout #2 (USC/CV-ALG-SF)	Kon-O-Kwee/Spencer
June 7	Dinner Dance #1 (MTL/KO-BP)	Hilton Garden Inn at South Point
June 14	Dinner Dance #2 (USC/CV-PT-ALG)	Hilton Garden Inn at South Point
July 18	IP Pool Party (Family Event)	South Hills YMCA Outdoor Pool
Sept 28	Fall Family Picnic	South Park Groves TBA

Patter news, notes, etc: www.princesspatter.org

Updates and corrections: princesses@southhillsareaymca.org

Questor information: SHYQuestors@yahoo.com

Kate Keegan @ YMCA: kkeegan@ymcapgh.org

Longhouse Officers:

<i>LH Chief:</i> Craig Johnson & Madison	724-969-0838	cjohns08@eds.com
<i>Asst. LH Chief (BP):</i> Joe Johns & Ronnie and Randi	412-835-8227	JPJohns@hendersonbrothers.com
<i>Asst. LH Chief (USC/CV):</i> Brian Jacobs & Sydney	412-276-7255	briankjacobs@comcast.net
<i>Asst. LH Chief (PT):</i> John Mincin & Kimmy and Sammy	412-337-3062	jmincin@dbzinc.com
<i>War Chief:</i> DJ McClary & Megan and Katie	412-831-6270	McClaryfamily376@msn.com
<i>WebSpinner/SailBoatSkipper:</i> Steve Bowser and Sabrina	412-276-3993	Steve.Bowser@comcast.net
<i>Medicine Man (BP):</i> Bob Wengryn & Valerie	412-833-9338	kwengr@adelphia.net
<i>Medicine Man (BP):</i> Kevin Cook & Lindsay	412-835-4565	kevin.cook@ddiworld.com
<i>Medicine Man (MTL):</i> Brian Smith & Laney	412-276-6279	brian_smith@siemens.com
<i>Medicine Man (PT):</i> Michael Paul & Julia & Sara	724-942-0857	mpaul3@excite.com
<i>Sachem:</i> Tom Gavett & Jenny	412-851-0213	tgavett@msn.com
<i>Sachem:</i> Mike Clark & Maddie	412-831-7847	clarks06@verizon.net
<i>Sachem:</i> Robert Mays & Kierra and Andrea	412-833-0175	robert.mays@fedex.com
<i>Indian Agent:</i> Kate Keegan	412-833-5600	kkeegan@ymcapgh.org

NATION CHIEFS

<i>Algonquin Chief:</i> Dave Betz & Emma and Anna	412-885-3128	Dave.M.Betz@questdiagnostics.com
<i>Algonquin Assistant Chief:</i> Tom Bagay & Allison, Hannah and Sarah	412-881-0784	tbagay@aol.com
<i>Bethel Park Chief:</i> Doug Holt & Rachel	412-417-9273	doug@ace-exhibits.com
<i>Mt. Leb/KO Chief:</i> Doug Rabeneck & Jordan	412-561-0961	douglas.r.rabeneck@accenture.com
<i>Mt. Leb/KO Assistant Chief:</i> Brian Smith & Laney	412-276-6279	brian_smith@siemens.com
<i>Peters Township Chief:</i> Scott Patterson & Makenna	724-413-6708	scott_patterson@ml.com
<i>Peters Township Assistant Chief:</i> Doug Dembiczak and Kara	724-348-5833	doug@dembiczak.com
<i>USC/CV Chief:</i> Mark Chiocca and Cara	412-257-3231	mark.chiocca@verizon.net

We are in the process of finding new Indian Princesses Longhouse Officers for our 2009-2010 season. If you are interested and would like to take this opportunity to become a Longhouse Officer, please be sure to contact Kate Keegan at kkeegan@ymcapgh.org or Craig Johnson at cjohns08@eds.com.

Big Braves—call your Tribe Chief, Nation Chief or Any Longhouse Officer

With Any Questions About The Indian Princess Program or Visit Our Web Site at www.princesspatter.org

For Additional Information About Any Indian Princess or Other South Hills YMCA Program, Call 412-833-5600.

Drum Beats... This month's message from your Longhouse Chief

Greetings Fellow Braves and Princesses,

Well Friends, the fire is getting low for Soaring Eagle and I which means it's almost time for us to move on. Moving up to Questors was a difficult decision for Soaring Eagle and I must admit, her decision was hard on me as well. This decision means that for the first time in 10 years, I will not be involved in the Indian Princesses or the Indian Guides programs. It seems like just yesterday I was going to rally nights with my daughters, son and many of you. When I talk to prospective members about joining this great program, I always tell them about how quickly kids grow up and we shouldn't miss a single opportunity to spend time with them. Now here I am, ready to put out the campfire and move on to Questors with my last daughter in the program. Although I am saddened by this fact, I am overjoyed with the fantastic memories and friendships we have from our time here. While the journey with my children is not over, the memories we have made here will last a lifetime and have built bonds between us that will never end. I hope that you are finding the same to be true with your Princess!

I want to personally thank EVERYONE who has helped make this year a success. As fellow members of the Indian Princess program, we owe a HUGE collective THANK YOU to some key people. Please join me in giving TWO BIG HEAP-HOW's to:

- 1) ALL of the 2008-2009 Longhouse Officers
- 2) Our own Indian Agent Kate Pelkofer Keegan.

Each one of these volunteers and staff have given freely of their own time and talents to make this the **BEST YEAR EVER**! Thank you each and every one of you, this program's success is due to your efforts!!!

As everyone worked hard to plan this year we all knew we had something special, a perfect blend of leadership and events that were sure to make this year a BLAST for everyone. We were right! With your efforts, we met and exceeded almost every goal we set for this year, and my friends.. we are NOT DONE YET !!!!!!! We have some **DON'T MISS** events coming up to round out the rest of the year! A few of them that are right around the corner are:

FREE FREE -- HEALTHY KIDS DAY -- FREE FREE

(Bring your family, bring your friends)

Saturday April 18, 10-3pm at South Hills Village

FREE FREE -- ICE CREAM SOCIAL -- FREE FREE

(Bring your family, bring your friends, bring your appetite)

Saturday April 19, 3-6pm at TRAX Farms

- Special events: Clowns 3:30-5:30; Broadway Kids 4:30
- Regular TRAX activities will be available but charged by TRAX
- **DONATIONS** are being accepted for **4 Charities** that are near and dear to our heart. **EVERY** donated item will be exchanged for a raffle ticket to be used that day for prizes!!!!!!!
- Please bring as many items to donate for the following organizations:
 - Your Child's Place** ~ Books, clothing, blankets, bibs, toys and games
 - SHIM** ~ Protein bars/drinks; canned ham, tuna, and chicken; baby food and diapers; personal hygiene products such as body soap, shampoo, toothpaste, and toothbrushes
 - Centre Avenue** ~ All gently used clothing for adults/teens/children/toddlers/infants
 - KOK Camp Achieva** ~ Coloring books, crayons, water color markers, paints, clay

FREE -- CAIMPAIGN FOR STRONG COMMUNITIES -- FREE

Calling nights to support Camp AIM which is our summer camp for mentally, physically and emotionally challenged children is open until April 16. Contact Craig Johnson if you can support us for a few hours or make a donation.

Please check the Longhouse Event Calendar for a listing of the rest of the events that are scheduled for the rest of this year... YOU WON'T be disappointed!

Spring is always a busy time for everyone with sports, work and a long list of things that just need to get done. Please continue to take the time to spend with your daughter, now, today, while you can. We all look forward to seeing you and your daughter at the rest of the Longhouse events planned for this year!

Since my first year in the program, I have always been impressed by the quality and quantity of volunteers from within who constantly step up to the plate and spend a little of their time so that everyone in the program can have a blast! Thank you again to each and every one of you!!

Thank you all for the Honor of serving you as your Longhouse Chief.

See you around the campfire.

Pals Forever ~ Friends Always

Grey Fox and Soaring Eagle

Craig and Madison Johnson

LONGHOUSE MEETING SCHEDULE

Mark your calendars!

May 4, 2008

June 8, 2008

All meetings start
at 7:30 PM,
at South Hills YMCA
(you will receive an email if
location changes)

ALL TRIBES ARE
ASKED TO SEND A
REPRESENTATIVE
TO **EVERY**
LONGHOUSE
MEETING!

** Indicates 2nd Monday
of the month
and meeting will be held
at Al's Café on
McMurray Road**

YMCA Part-Time Summer Employment Opportunities

**Aquatic Swim Instructors
Lifeguards**

**Snack Bar Attendants
Day Camp Counselors**

**Y-Winners Sports Site Coordinators
Soccer-Floor Hockey-Basketball**

Year-round and seasonal staff

Send resume to
**51 McMurray Road
Pittsburgh, PA 15241**

Call the YMCA office
for more details
(412)833-5600



REGISTER NOW FOR YOUR POOL MEMBERSHIP

Unlimited Family membership ~ \$350

Limited Family membership ~ \$270

Youth Unlimited membership ~ \$135

Adult Unlimited membership ~ \$195

Individual Limited membership ~ \$125

As a Family Program Member, you are able to enjoy
our pool with our "A La Carte." Just pay at the door
(during the hours of Monday-Friday 4:30-8:30p)
each time you visit ~ \$6/adult & \$4/child.

I SCREAM...
YOU SCREAM...
WE ALL SCREAM FOR
ICE CREAM!!!



Y-PRINCESS
FAMILY ICE CREAM SOCIAL

DATE: Sunday, April 19, 2009

TIME: 3:00—6:00 PM

PLACE: Trax Farms
528 Trax Road, Finleyville, 15332

COST: FREE FAMILY EVENT!!! (Bring your friends too!)
Thanks to all of those who sold Holiday Wreaths!



**Entertainment, Games, Prizes,
and much more!**

Make sure you bring your canned/dried goods, Children/adult clothing, games and toys for the involved charities and receive a raffle ticket for one of the amazing prizes!!!

Check out all the amazing things happening that evening in our Longhouse Chief's Letter (page 3).



**Campaign for
STRONG COMMUNITIES
YMCA of Greater Pittsburgh**

HOW CAN YOU HELP?
VOLUNTEER!!

Please check all that apply

Volunteer to:

- Join a team and make Phone-A-Thon Calls
- Ask for contributions from your family and friends
 - Help recruit team members.
 - Help with administration and clerical tasks
- Make a personal pledge to the Campaign for Strong Communities \$ _____

WHAT YOUR GIFT WILL DO:

- \$25** Sponsors a youth membership for one year
- \$50** Sponsors a camper for one day at Camp AIM
- \$75** Sponsors a camper to the field trips at Camp AIM
- \$125** Sponsors a camper for a half of a week at Camp AIM
- \$250** Sponsors a camper for a week at Camp AIM
- \$500** Sponsors 2 campers for a week at Camp AIM
- \$1000** Sponsors 2 campers for a 2 week session at Camp AIM
- \$5000** Sponsors a bus to transport special need campers for the 6 week program

NAME: _____

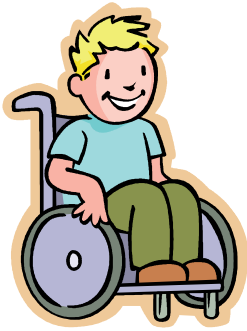
TRIBE: _____

ADDRESS: _____

PHONE: _____

E-MAIL: _____

**South Hills/Cloverleaf YMCA
51 McMurray Road, Pittsburgh, PA 15241
412-833-5600**



WHAT IS THE CAMPAIGN FOR STRONG COMMUNITIES?

The YMCA annual giving appeal conducted each March to sustain CAMP AIM summer camp for mentally, physically and emotionally challenged children.

WHAT IS CAMP AIM?

CAMP AIM is a six week summer camp for special needs youth operated by the South Hills/ Cloverleaf YMCA on the site of Carlynton High School in Carnegie.

- The camp consists of three two week sessions from mid June through July
 - Enrollment averages between 110-140 youth, age 3 – 21 years
- Participants are attracted to a solid six-week program of adaptive aquatics, adapted physical education, music, art, home economics, vocational education training, and enjoy the experience of special events, field trips and graduation.
- Our staff consists of highly qualified adult supervisors who know and care about these youth. These supervisors train and direct over 60 camp counselors.
- Overall counselor to camper ratio is 1:3, which exceeds compliance requirements of the American Camping Association
- Children from Allegheny and Washington Counties totaling over 40 different school districts attend
 - Transportation to and from camp is a vital component

Over 75% of our children would be unable to attend camp if transportation was not provided

CAMP AIM has been developed and is sustained because of the *vital need in the community* for this program! These youth have limited opportunities for recreation and socialization during the summer months and risk diminishing or losing the skills they have acquired during the school year. Camp is a time to reinforce skills learned during the school year and improve retention skills. Camp AIM is accredited by the Allegheny Intermediate Unit as an extended school year program.

CAMP AIM provides a positive summer experience for children with special needs that encourages...

Achievement with Independence and Motivation! – AIM

HOW CAN YOU HELP?

MAKE A PLEDGE TO THE CAMPAIGN. Help us meet our goal!

VOLUNTEER ONE NIGHT – 3 HOURS OF YOUR TIME

Each March the YMCA holds a Phone-A-Thon at the South Hills offices
Calling teams are formed from within the YMCA Parent-Child Programs
Other teams are formed from YMCA youth sports, aquatics or camp participants
Community groups like Rotary also participate in the Phone-A-Thon
Phone calls are made to YMCA members, past contributors and new contacts



ADMINISTRATION. Envelope addressing, mailing and pledge card processing are all very necessary administrative tasks requiring volunteer help.

TELL THE STORY! Spread the word to your family, friends, neighbors and business associates of our campaign and goal to send mentally, physically and emotionally challenged youth to camp this summer.

WON'T YOU PLEASE HELP US REACH OUR GOAL? For more information: www.campaim.org

Dance, Dance, Dance...and Eat!

The 2009 Indian Princess Dinner Dance

Come dance with your Princess...

while she still thinks you're the best dancer there is!!!

Celebrate another great year with your Princess. Take her to dinner, and dancing. Have a great meal, get a flower for your Princess, dance to her favorites and yours, and create some great memories for both of you to treasure.

Two Dates to choose from:

Hilton Garden Inn at Southpointe on Sunday, June 7th

— OR —

Hilton Garden Inn at Southpointe on Sunday, June 14th

5:30—9:30 PM

Register early, as these events will get crowded!

NO REFUNDS...Registrations are "First-come, First-served"



Send your registration in or register on-line at www.princesspatter.org

Registration Information:

Name: _____ Princess: _____

Tribe: _____ Year: _____

Address: _____

Daytime Phone: _____ E-Mail: _____

Payment Amount: _____ Check Credit Card

Cardholder Name: _____

Visa MasterCard Discover American Express

Account Number: _____ Exp _____ / _____

~ DINNER CHOICES FOR DADS ~
PLEASE CIRCLE ONE

Grilled Sirloin Steak ~OR~ Stuffed Chicken Breast

Children's meal will be boneless chicken tenders and fries

Select One Date Only:

June 7
(MTL/KO-BP-SF)

June 14
(USC/CV-PT-ALG)

Please note that if you can not attend the designated dinner dance for your nation, please contact Kate at 412-833-5600

\$55.00 per couple
\$25.00 per additional child

Mail to:
South Hills YMCA
51 McMurray Drive
Pittsburgh, PA 15241

~or~

Register online at
www.princesspatter.org

EMERGENCY NUMBERS FOR CAMPOUTS

Deer Valley

814-662-4005 (24 hours/day)
(Or leave message at 800-962-2386, ext 31)
Fax 814-662-4246

Kon-O-Kwee/Spencer

724-391-3328
1-877-YMCA-KOK
Fax 724-758-2705

ARRIVAL TIME FOR BOTH CAMPS:

7:00 to 9:00pm Friday
9:30 to 11:30am Saturday

WHEN

Saturday, April 18

WHERE

South Hills Village Mall

HOURS

10:00a-3:00p

*Fun activities to get
your kids out and
movin'! Come out*

and enjoy a day of fun for all ages!



**YMCA
HEALTHY
KIDS[®] DAY
APRIL 18, 2009**



Don't forget to pick up an
Eat'n Park Smiley Cookie!





Let's Go Camping!!

Spring 2009 Campout Information

(Registration form on inside back page of this issue.)

Spring Campout #1

WHEN: May 1-3, 2009

WHERE: Deer Valley

WHO: Mt. Lebanon/Keystone Oaks, Bethel Park
& Peters Township

Spring Campout #2

WHEN: May 29-31, 2009

WHERE: Kon-O-Kwee/Spencer

WHO: Upper St. Clair/Chartiers Valley, Algonquin
& South Fayette

*Bring your rain gear!
It may get a bit wet out there!*

HOW TO GET THERE

To Kon-O-Kwee/Spencer: From the South Hills, I-79 North to Zelenople exit. Left off exit. Left at first light onto Route 19. Two blocks to next light. Make right (at the Kaufman House Hotel) onto Route 288. Go across railroad tracks (after checking for Iron Horse, of course) Bear left onto Route 588 (Careful here!) Follow Route 588 about five miles to camp.

Entrance is on right, up hill. (Duffy's Country Inn on left at turn) Proceed to the old dining hall to check in, pick up your packets and your campout patches.



To Deer Valley: Take Route 40 or Route 51 to Uniontown. Near Uniontown, pick up Route 40 East to Bypass Uniontown. Continue on Route 40 East via Chalk Hill, Farmington, and Flat Rock. After crossing Yough Lake, and the town of Addison, make a left onto Route 523 North. Follow approximately 1.5 miles, and make a right at abandoned gas station. There are also signs at this intersection for Mount Davis and Meyersdale. Follow this road for about 10 miles, as it winds along, to the entrance of Deer Valley, along the slopes of Mount Davis on your left. Proceed to the camp office to pick up arrival info, patches and packets.

Y-Indian Princess Camp-Out Registration Form

**Register by mail with payment enclosed or
on-line at www.princesspatter.org with a major credit card.
Select One Camp-out only.**

Date: May 1-3, 2009

Deer Valley

BP, MTL/KO, PT

Early Bird Registration ends April 17, 2009

Date: May 29-31, 2009

Kon-O-Kwee/Spencer

Algonquin, USC/CV, SF

Early Bird Registration Ends May 15, 2009

Big Brave Name (first/last): _____ Princess (first/last): _____

Address: _____ Tribe: _____

Telephone: (H) _____ (W) _____ E-Mail: _____

Early Bird/Regular

_____ Adults \$100.00/\$120.00
_____ Child(ren) \$50.00/\$55.00

Program Fee Paid? _____ Yes _____ No, \$30.00 Enclosed TOTAL DUE: _____

Payment Method : _____ Cash _____ Check _____ Visa _____ MC _____ AMEX _____ Discover

Credit Card Account Number: _____ Exp Date: _____ / _____

Cardholder Signature: _____ Date: _____

Mail completed form with payment to: South Hills YMCA, 51 McMurray Road, Pittsburgh, PA 15241

What you need to know to have a great camp-out....

Sign-up: begins now on a first-come-first-served basis. Your YMCA Family Membership and Indian Princess program fees must be paid and current prior to your camp-out date. Register early to avoid disappointment and take advantage of "early-bird" savings. **Registration after April 17 and May 15, 2009 are subject to a \$25 surcharge.** Suggestion: Do NOT register as a tribe. Tribes will normally be lodged together. **Please register no later than the Wednesday before any camp-out. After this day, you will not be guaranteed to lodge or eat meals with your tribe.**

Cancellation Policy: All cancellations will be assessed a \$20.00 fee if made less than 2 weeks before campout. **NO REFUNDS whole or in part for any cancellations within two weeks of a campout!**

Arrival: Plan to arrive between 7:00 and 9:30 PM Friday, or 9:30-11:30 AM Saturday. No meals or snacks served Friday night. Saturday breakfast is served to Friday night arrivals ONLY.

Where to sign in: Kon-O-Kwee/Spencer registration is at the **OLD** Dining Hall Friday arrivals and **NEW** Dining Hall Saturday Arrivals. Friday and Saturday arrivals at Deer Valley registration will be at the Camp Office.

Departure: Generally, you should plan to be packed and ready to depart after the Sunday lunch.

What to Bring: Sleeping bags, sheets, pillows, several changes of clothing for indoors and outdoors, jacket or winter gear (depending on season) toiletries, wash cloths, towels, flashlights, waterproof boots, hikers, Indian Princess "stuff" and tribal regalia, fishing equipment, roller blades, bikes, ball and gloves, snacks, bottled water/soda, rain wear/umbrella (in the rare event that the Medicine Man is not in good form) games, and other things you and your child like to do together. **BRING A CAMERA** and have someone take pictures of you and your Princess together!

Directions: Appear in this issue of the Princess Patter. Driving times: KOK/Spencer approx 55 minutes, Deer Valley approx 2 hours.

Facilities: All facilities are heated. All have indoor plumbing. It isn't the Hilton, but it isn't so bad either! Showers available at all locations.

Relax Mom, your little girl will never have a better time.

Dads, you are responsible for your child(ren) at all times!



South Hills YMCA
51 McMurray Drive
Pittsburgh, PA 15241

(412) 833-5600

NON-PROFIT ORG
 US POSTAGE
PAID
 Permit #1885
 Pittsburgh, PA

HOT DATES

March-April	Annual Campaign (CSC)
April 18	Healthy Kids Day
April 19	Ice Cream Social
May 1-3	Spring Campout #1 DV
May 29-31	Spring Campout #2 KOK
June 7	Dinner Dance #1
June 14	Dinner Dance #2
July 18	IP Pool Party

YVOLUNTEERS™

We build strong kids, strong families, strong communities.

**WHAT IS THE YMCA's
 "CAMPAIGN FOR STRONG COMMUNITIES"?**

**IT IS AN ANNUAL CAMPAIGN... To raise funds for the SPECIAL
 NEEDS of the South Hills / Cloverleaf YMCA.**

**ALL campaign proceeds benefit CAMP AIM, a six week summer camp
 for mentally and physically challenged children.**

WHAT IS OUR GOAL FOR THE 2009 CAMPAIN???
\$180, 000

(read all about Camp AIM on page 6 & 7 of this Patter)